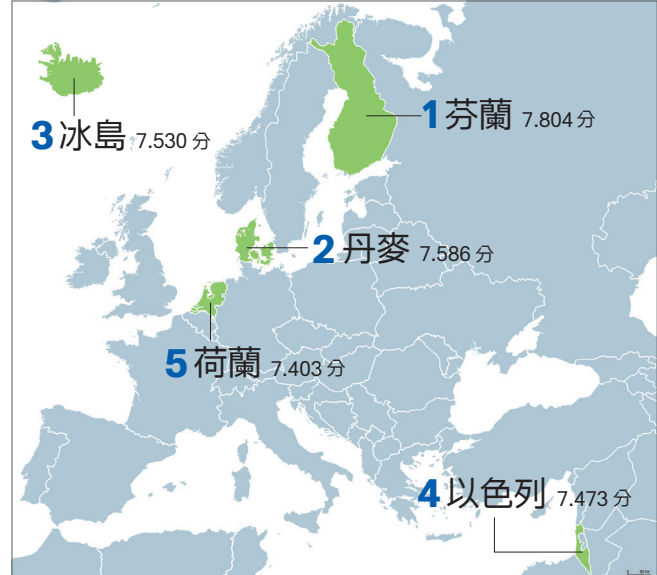


芬蘭政府清廉度高，鮮少有貪汙問題，深受國民信任。



2023 快樂指數前 5 名

製圖 / 高雅如



精采提要

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最快樂國家排名 芬蘭第 1 臺灣第 27

文 / 美聯社 圖 / 達志影像
編譯 / 劉人豪、JT
審校 / Leila Edmunds

臺灣東亞最快樂

東亞排序	國家	全球
1	臺灣	27
2	日本	47
3	南韓	57
4	中國	64

Finland was dubbed the world's happiest nation for the sixth consecutive year in the UN World Happiness Report. National happiness is based on GDP per capita, healthy life expectancy, freedom, corruption, etc. Finlanders' communal support and mutual trust were factors that helped the country navigate the pandemic, so it grabbed top spot again. On the other hand, Afghanistan was considered the least happy nation.

Taiwan was ranked the happiest in East Asia, fourth happiest in Asia, and 27th happiest in the world. War-torn Ukraine still came in at 108th on the list and remained higher than in the aftermath of the 2014 annexation because of a stronger sense of common purpose, benevolence, and trust in Ukrainian leadership. 聯合國《世界快樂報告》依據人均 GDP、預期健康壽命、自由指數和貪腐程度等指標

，連續第 6 年將芬蘭評選為全球最快樂的國家。芬蘭人的社會互助與互信是他們挺過疫情並再度蟬聯榜首的原因。另一方面，阿富汗則被認為是全球最不快樂的國家。臺灣是東亞最快樂的國家，在亞洲排名第 4、全球名列第 27。飽受戰火之苦的烏克蘭仍獲第 108 名，且比 2014 年克里米亞遭併吞時高，這是由於他們的共同目標感、樂善好施和對領導人的信任感變得更加強烈。

印尼 2 億人過齋戒月 日出日落間禁飲食



▲印尼部分穆斯林在進入齋戒月前，前往西薩達河沖洗身體，象徵洗滌心靈。圖 / 美聯社

Indonesia's Muslims are celebrating the holy month of Ramadan despite soaring food prices due to supply disruptions caused by Russia's invasion of Ukraine. Indonesia has the world's largest Muslim population. Nearly 90% of the country's 277 million people are Muslim. Ramadan is a time of fasting, prayer, and religious contemplation. Muslims refrain from food, drink, smoking, and sex from sunrise to

sunset. However, rising prices of staple foods and commodities have many worried about how they will cope financially during the month-long celebration. 儘管俄羅斯入侵烏克蘭導致供應鏈中斷，使糧食價格攀升，印尼穆斯林還是要慶祝齋戒月。印尼擁有全球最多穆斯林人口，全國 2 億 7700 萬人中近 9 成是穆斯林。齋戒月是禁食、祈禱和沉思的時光，穆斯林從日出到日落不能飲食、抽菸及禁欲。然而，主食和商品價格節節攀升，讓許多人擔心荷包能否挺過長達一個月的慶祝活動。